



**2012 Laguna Seca Grand Prix  
NorCal High School Mountain Bike  
Racing Series • Race #3**

NorCal High School Cycling League  
139 Kentucky Street  
Petaluma, CA 94952  
Vanessa@norcalmtb.org  
www.norcalmtb.org

**Sunday, April 1<sup>st</sup>, First Start Time: 10:00 AM  
Laguna Seca Raceway, Monterey, CA**

**RACE DESCRIPTION:** This mostly single-track course carves through the grassy hills behind the Laguna Seca racetrack. A steep half-mile start brings riders to the Couch Canyon loop where they'll descend for one and a half miles to the bottom of the course before two climbs totaling 700 feet bring them across the finish line and back to the main descent. Notable features are the ¼ mile of freshly cut, swoopy single track built by the BLM and NorCal League and the infamously steep climb at the end of each lap. Course distance is four miles.

**Course map is available at** <http://www.norcalmtb.org/events/races/>

**PRE-RIDE:** Course is open for pre-ride Saturday afternoon (1:00 PM–5:00 PM) and Sunday morning (8:00 AM–9:30 AM). We recommend all riders pre-ride the course. *Please pass course workers with great care.*

**DIRECTIONS FROM HWY 101:**

From Hwy 101 in Salinas, Take exit **329** for **North Main Street/California 183** toward **Salinas/U.S.101 Business N. 0.2 miles**

Merge onto **N Main St 0.6 miles**

Continue onto **Salinas St 0.4 miles**

Turn left at **John St** 233 feet

Take the 1st right onto **CA-68 W/S Main St** 10 miles

Turn right at **B Rd/Canada De La Segunda**

1021 Monterey Salinas Highway, Monterey, CA 93940

**DIRECTIONS FROM HWY 1:**

Take the **Hwy 156 West exit** (at Prunedale - **EASY TO MISS, PAY ATTENTION**) and head toward the Monterey Peninsula.

Go **through Castroville** to **Hwy 1 South**.

Once on Hwy 1, **continue South toward Monterey** and **follow the above directions**.

**ACCOMODATIONS:**

**Camping**

Plenty of camping at Laguna Seca Raceway by reservation. Please Call 831-755-4899 to make individual reservations.

**Los Laureles Lodge**

Families can get rooms at a discounted rate starting at \$75 per night. Book your room before they're all taken. Call (831) 659-2233 and mention NorCal League to receive the discounted rate. For more information you may visit <http://www.loslaureles.com/>.



**FOOD SERVICE**

BJ Gourmet Catering will be serving Mexican and American Cuisines from their Catering truck.

**VOLUNTEER**

Volunteers make our events possible. If you'd like to contribute to any NorCal League event, please e-mail [patty@norcalmtb.org](mailto:patty@norcalmtb.org) or visit <http://www.norcalmtb.org/volunteer>

**OTHER IMPORTANT NOTES**

- There is a fair amount of coastal poison oak along the course. Those sensitive beware, use protection, and bring ways and means to cleanse after race (Tecnu is available at the League Merchandise Tent).
- No gasoline generators inside the team pit area, please, and no open fires.

• No dogs off leash please.

• Those petitioning for exceptions to category placement must do so in the required timeframe before the race. Same-day petitions will not be considered.

• Please pack out what you pack in. No garbage receptacles will be provided.

Category	Start Time	Laps	Approx. Distance
<b>WAVE 1</b>			
Varsity Girls	10:00 AM	4	20 Miles
JV Girls	10:05 AM	3	15 Miles
Soph Girls	10:10 AM	2	10 Miles
Frosh Girls	10:15 AM	2	10 Miles
<b>WAVE 2</b>			
Sophomore Boys (500's)	11:40 AM	3	15 Miles
Sophomore Boys (600's)	11:45 AM	3	15 Miles
Freshman Boys (800's)	11:50 AM	2	10 Miles
Freshman Boys (900's)	11:55 AM	2	10 Miles
<b>WAVE 3</b>			
Varsity Boys	1:05 PM	5	25 Miles
JV Boys (200's)	1:10 PM	4	20 Miles
JV Boys (300's)	1:15 PM	4	20 Miles

*Note: final lap count decision per category will be finalized and confirmed at the start of each race.*

*We hope you will stay after the race for the award ceremony.*

### **REGISTRATION INFO**

All riders need to be invited to register in the Pit Zone online. Contact your Team Director to be invited. Independent riders contact your League Director at [Vanessa@norcalmtb.org](mailto:Vanessa@norcalmtb.org).

#### Race Ready Checklist:

- Pit Zone information entered
- League Fee and Race Fee paid
- Release forms mailed or faxed in (once per season)

#### On-site registration:

On-site registration will result in a late fee of \$10 for League Registration and \$10 for Race Registration. All racers must register at least one hour prior to their start time. *To make race day more enjoyable, register in advance online!*

#### Missing Forms:

Waivers are available online in the Pit Zone. If you have not mailed in your registration forms by race day, riders and their parents will need to fill out paper waivers at the registration tent. If you are unsure if you've submitted the forms, please check the Pit Zone. Contact Registration Services ([registration@nationalmtb.org](mailto:registration@nationalmtb.org)) with questions or problems.

### **2012 Race Pricing**

	Cost	Late Fee At Race
League Registration Fee	\$50	\$10*
Race Fee (per-race)	\$45	\$10*

*\*late fee goes into effect the at midnight the Sunday before the race*

Mail registration to: **NorCal High School MTB League**  
**Attn: Race Registration**  
**805 Camelia Street**  
**Berkeley CA 94710**

*When mailing check, please write the name of the rider on the check. Credit Cards may be used online.*