This course was built for mountain biking, literally. Big lungs and strong legs will conquer out here up the as there’s a solid long climb involved on the course. Combine that climb with a swooshing descent, and then a solid amount of smooth singletrack through the rolling hills, and you’ve got yourselves one sweet and salty race, folks. Yeee haw!

We debuted this course last year and had a blast watching the NorCal League racers completely transform the quiet hillside ranch property into an energetic frenzy of cycling. Stay tuned for updates on weather, though; **significant rain will move this to Granite Bay.**

**Bok bok! Welcome to chicken town!**
# Race Schedule

**ARRIVE 15MIN BEFORE YOUR WAVE STARTS!**

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>START</th>
<th>LAPS</th>
<th>DISTANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Varsity Girls</td>
<td>10:00 am</td>
<td>3</td>
<td>19.5 miles</td>
</tr>
<tr>
<td>JV Girls</td>
<td>10:05 am</td>
<td>2</td>
<td>13 miles</td>
</tr>
<tr>
<td>Sophomore Girls</td>
<td>10:10 am</td>
<td>2</td>
<td>13 miles</td>
</tr>
<tr>
<td>Freshmen Girls</td>
<td>10:15 am</td>
<td>2</td>
<td>13 miles</td>
</tr>
</tbody>
</table>

**WAVE 1**

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>START</th>
<th>LAPS</th>
<th>DISTANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sophomore Boys (5000’s)</td>
<td>11:40 am</td>
<td>3</td>
<td>19.5 miles</td>
</tr>
<tr>
<td>Sophomore Boys (6000’s)</td>
<td>11:45 am</td>
<td>3</td>
<td>19.5 miles</td>
</tr>
<tr>
<td>Freshman Boys (8000’s)</td>
<td>11:50 am</td>
<td>2</td>
<td>13 miles</td>
</tr>
<tr>
<td>Freshman Boys (9000’s)</td>
<td>11:55 am</td>
<td>2</td>
<td>13 miles</td>
</tr>
</tbody>
</table>

**WAVE 2**

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>START</th>
<th>LAPS</th>
<th>DISTANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Varsity (2000’s)</td>
<td>1:20 pm</td>
<td>4</td>
<td>26 miles</td>
</tr>
<tr>
<td>JV Boys (2000’s)</td>
<td>1:25 pm</td>
<td>3</td>
<td>19.5 miles</td>
</tr>
<tr>
<td>JV Boys (3000’s)</td>
<td>1:30 pm</td>
<td>3</td>
<td>19.5 miles</td>
</tr>
</tbody>
</table>

**WAVE 3**

**Coaches Meeting**

- **NORTH** (Saturday) at 8:30am
- **SOUTH** (Sunday) at 8:30am

We hope you’ll stay after the race for the awards ceremony!

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## Pre-Ride Info

**NORTH CONFERENCE** (racing Saturday): The course will be open for the North Conference teams to pre-ride between 7-9:30am on Saturday morning.

**SOUTH CONFERENCE** (racing Sunday): The course will be open for the South Conference teams to pre-ride between 3-5:30pm on Saturday, and again between 7-9:30am on Sunday morning.

*Please note that we close the course exactly at 9:30am on Saturday and Sunday, so if you plan to pre-ride on your race day, please give yourselves plenty of time.*

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## Registration

**2016 Race Pricing**

- League Registration Fee: $50
- Race Fee (per race): $50
- *+$10 Late Fee (if doing same-day registration)*

**On-site registration**

On-site registration will result in a late fee of $10 for League Registration and $10 for Race Registration. **All racers must register at least one hour prior to their start time.**

**Missing Forms**

Waivers are available online in the Pit Zone. If you have not mailed in your registration forms by race day, riders and their parents will need to fill out paper waivers at the registration tent. If you are unsure if you’ve submitted the forms, please check the Pit Zone. Contact Registration Services (registration@nationalmtb.org) with questions or problems.

**Race Plates**

You will be using the same race plate (your race number) for your bike for the whole season. If you lose it, you can get another one for $20 at the registration booth at the race.

**There are no same day category petitions!**

Please contact the NorCal League with any questions regarding payment and forms to complete your registration: hp@norcalmtb.org
I just signed up for Race #4 Volunteer at Five Springs and you should too! Sign up now on VolunteerSpot: http://vols.pt/pa54Kp

Fast, easy and FREE signups and scheduling save time and make it easy to organize activities everywhere you make a difference - schools, teams, community, workplace - you name it!

Try VolunteerSpot today!

4497 Old Adobe Road, Petaluma CA

RACE ATTENDEES MUST FOLLOW THE MAP TO VENUE PROVIDED IN THIS FLYER (PAGE 6). Vehicles may ONLY turn right into the race venue. Use extreme caution when entering and exiting the venue.

From Hwy 37 you will take Lakeville Hwy to the (Ernie’s tin bar) right on Stage Gulch Road then a left onto Old Adobe Road.

From Hwy 101 take the Lakeville Hwy exit east. Go east on Lakeville Hwy for about 4 miles to Stage Gulch road, take left and take another left on Adobe Road, then follow the signs to the venue. Please follow attached driving directions, as Old Adobe Road is very unsafe for left turns into the race venue. Highway patrol will be there to ensure no left turns are made into the race venue.

REFER TO THE MAP ON PAGE 6 FOR MORE INFO

Parking

Parking for this race is 1/4 mile from the race start. Please be prepared to either walk - or ride your bike (with a helmet!) - the 1/2 mile from your car to the race start.

There will be handicapped parking available for those spectators who have a Disabled Person Placard in their vehicles. Handicapped parking access is open from 7:00 am-9:45 am on both Saturday and Sunday. **If you need to park in the handicapped spaces, please arrive between 7:00-9:45 am.**

We will only be able to fit 1 CAR PER PIT in the pit zone. Please plan ahead and be sure that everything that needs to go into your pit zone is in the 1 car that can be there.
Mountain biking and camping make for an excellent outdoor weekend, and we’re stoked to offer our racers and their families camping at Five Springs Farm!

The nitty gritty: Self-contained RV’s will be camping in the lower lot adjacent to Old Adobe Road. Tent campers will be up a steep, one-way road. **No camp fires!** No smoking at the venue. Propane camp stoves, which are elevated above the ground, are acceptable. **For Friday: There is no camping Friday night.** For Saturday: Come any time, but we won’t be able to set up any tents until after 3:30pm.

**FREE BBQ on Saturday night!**

The Five Springs Farm ranch owners will provide a free BBQ on Saturday night for our riders and their families! Heck, we may even wrangle in some live music. **Space is limited to 100 people so sign up here to get a spot. ALL FILLED UP!**

**Special Guests!**

We have two Petaluma-based companies coming out to support the race weekend, and both are wickedly sweet and smooth. Please join us in welcoming White Industries and Three Twins Ice Cream to Five Springs Farm!

**Volunteer**

We love our volunteers! We’re looking forward to your help again for this race and encourage you to sign up online for the volunteer position you’d like to donate your time to: [http://vols.pt/pa54Kp](http://vols.pt/pa54Kp)

**Neutral Support by Mike’s Bikes**

Neutral support is free mechanical assistance for any student athlete with an emergency. Brian Popplewell, Community Events Manager of Mike’s Bikes, provides this service. Student athletes are expected to come to each race with fully functional, race ready bicycle, but sometimes things happen! Spare parts are also available for sale at the neutral support tent. Coaches and adults are not given priority at the neutral support tent. Mike’s Bikes is a proud NorCal League sponsor, and it is our hope that you will choose to support them as well.

**Bring your dog!**

You are welcome to bring your furry friend to the race! Please keep them under control and on leash at all times while at the venue, and be sure to clean up after they do their business.
The Pit Zone team spots will be assigned on a first-come first-served basis. We feel this is the best way to get teams sorted out with space while we accommodate the inflow of traffic. Division 1 teams will have spaces that are 50x50ft and Division 2 teams will have spaces that are 30x40ft. Thanks in advance for your cooperation!
Other Petaluma Events

Butter and Egg Festival

Looking for some other things to get into while you’re in Petaluma? It just so happens that the same weekend we’ll be there racing our hearts out, the rest of the town is going to be celebrating what Petaluma is known for: butter and eggs. The Butter and Egg Festival goes down on Saturday and includes a real quaint downtown parade, cute chicks, and a cow chip throwing contest. More info on that can be found [here](#).

Antique Faire

Sunday is going to be jiving with all sorts of old collectable things at the 30th Annual Antique Faire. The historic downtown area will be overtaken with vendors and visitors talking about things like Mama’s copper teapot and Grandpappy’s old pipe. Into that kind of stuff? Take a peek! Not into that kind of stuff? Be sure to steer clear; it’s gonna be packed.