

# Six Sigma Slinger

April 27<sup>th</sup> – North Conference

April 28<sup>th</sup> – South Conference

## A course made for the NorCal League

We're excited to have another race at this venue! Thanks to the countless hours volunteered by Lake County and other NorCal League teams last year, we've been able to build trails that will surely test all that ride it. The course flows through oak trees and around old river beds, and has enough punchy efforts to make the legs tingle.



## Race Schedule

Show up 15min before your wave starts

	Category	Start Time	Laps	Distance
Wave 1	Varsity Girls	9:00	3	15 miles
	JV Girls	9:05	2	10 miles
	Sophomore Girls	9:10	2	10 miles
	Freshman Girls	9:15	2	10 miles
Wave 2	Sophomore Boys (5000's) D1	10:40	2	10 miles
	Sophomore Boys (6000's) D2	10:45	2	10 miles
	Freshman Boys (8000's) D1	10:50	2	10 miles
	Freshman Boys (9000's) D2	10:55	2	10 miles
Wave 3	Varsity Boys	12:20	4	20 miles
	JV Boys (2000's) D1	12:25	3	15 miles
	JV Boys (3000's) D2	12:30	3	15 miles

Come spirited in your best western theme! (plaid shirts, cowboy boots)

## Pre-Riding

### **NORTH CONFERENCE**

(racing Saturday): The course will be open for the South Conference teams to pre-ride between 2-5:30 on Friday, and again between 7:00-8:30am on Saturday morning.

### **SOUTH CONFERENCE**

(racing Sunday): The course will be open for North Conference teams to pre-ride between 3-5:30 on Saturday, and again between 7-8:30am on Sunday morning.

*Please note that **we close the course exactly at 8:30am on Saturday and Sunday**, so if you plan to pre-ride on your race day, please give yourselves plenty of time.*

## Coaches' Meeting at 7:45am

Coaches, this is where you'll get info about the race day, such as risk management, race conditions, and anything else of importance to mention. Sometimes we have to make changes due to weather or other circumstances, so it's important you're at the meeting to keep your team and riders informed!

## Registration

**THERE IS LIMITED ON-SITE REGISTRATION**

**BE SURE TO REGISTER BY  
8PM ON WEDNESDAY, April 24<sup>th</sup>, 2019**

**On-site registration will only be available from 7-9am on Saturday and Sunday and 2pm-4pm on Friday. There is \$10 late fee for registering on the race weekend.**

### **Race Plates**

You will be using the same race plate (your race number) for your bike for the whole season. If you lose it, you can get another one for \$20 at the merchandise booth at the race.

**There are no same day category petitions!**

Please contact the NorCal League with any questions regarding payment and forms to complete your registration: [aja@norcalmtb.org](mailto:aja@norcalmtb.org)

# Directions to Six Sigma Ranch and Winery

A word from our friends at the ranch:

***Please be careful if you search "Six Sigma Ranch" to find directions. Some devices will aim at sending the unsuspecting traveler to our locked service gate on Morgan Valley Road, about 10 miles from our front gate. Search the address instead: 13372 Spruce Grove Road, Lower Lake, CA 95457***

**We will have NorCal League signs closer to the venue to guide you in!**

## Parking

Parking attendants will direct you to the parking areas at the race.

## Handicapped Parking

Handicapped parking will be available to those with a handicapped placard or sticker. Parking attendants will direct you. All attendees will need to stop at the entrance gate to obtain a pass from our gate attendant.

Please allow ample time to get into the venue.

# Accommodations

## Camping

We'd love to have all of you camp at the race venue with us! There will be free, primitive camping at the property, there is no running water in the camping area. Come prepared with all the water you need for cooking, cleaning and washing up. This is a "Leave No Trace" event and we expect everyone to haul their own garbage and recycling either home, or to the large dumpsters that will be on-site. There are other campgrounds nearby with showers, toilets, and RV hookups. Check out [Clear Lake State Park](#) or the [Edgewater Resort](#) for more info. **Those camping at Six Sigma will be camping near their pit.** Any questions email [erica@norcalmtb.org](mailto:erica@norcalmtb.org).

Are you planning on camping at Six Sigma? Let us know by going here [https://norcalhighschoolcyclingleague.formstack.com/forms/camping\\_at\\_six\\_sigma](https://norcalhighschoolcyclingleague.formstack.com/forms/camping_at_six_sigma) email [erica@norcalmtb.org](mailto:erica@norcalmtb.org) if you have further questions.

## Hotels

**Twin Pine Casino & Hotel, 22223 CA-29, Middletown, CA 95461**

**(Twin Pines has said that if teams organize a block of rooms that special rates will be available, speak to either Tammy, Andrea, or Larry)**

**Konocti Vista Casino Resorts, 2755 Mission Rancheria Rd, Lakeport, CA 95453**

**Rodeway inn & Suites, 1120 N Main St, Lakeport, CA 95453**

**Whispering Pines, 17140 Hwy 175 Middletown, California, 95461 (707-928-5227) Discount when you mention the NorCal High School Cycling League**

# General Information

- There are lots of ticks this spring. We recommend people wear socks, shoes and pants at this venue.
- Stay tuned for fire restrictions/information for this race.
- There is no bike riding allowed after sunset at this venue. Period.
- There is a winery on the Six Sigma Ranch. Only those over 21 will be allowed in the tasting room, which will be open all weekend.



### **Do you know about poison oak?**

You definitely want to know how to identify poison oak by the time you get to the race. Remember "leave of three, let them be!" If you happen to touch some, wash the area off with Technu or with soapy water.

## **Neutral Support by Mike's Bikes**

Neutral support is free mechanical assistance for any student athlete with an emergency. Brian Popplewell, Community Events Manager, provides this service. Spare parts are also available for sale at the neutral support tent. Student athletes are expected to come to each race with fully functional, race ready bicycle. Coaches and adults are not given priority at the neutral support tent. Mike's Bikes is a proud NorCal League sponsor, and it is our hope that you will choose to support them as well.



### **Bring your dog!**

You are welcome to bring your furry friend to the race! Please keep them under control and on leash at all times, and be sure to **clean up after they do their business.**

## **Volunteer**

We're always looking for a few extra hands at our races! Want to help set up the course on Friday afternoon, or lend some assistance with the Feed Zone, Course Marshaling, or Scoring on race day? We'd love to have your help and it's a great opportunity to see a few different sides of how our races operate. Sign up here:

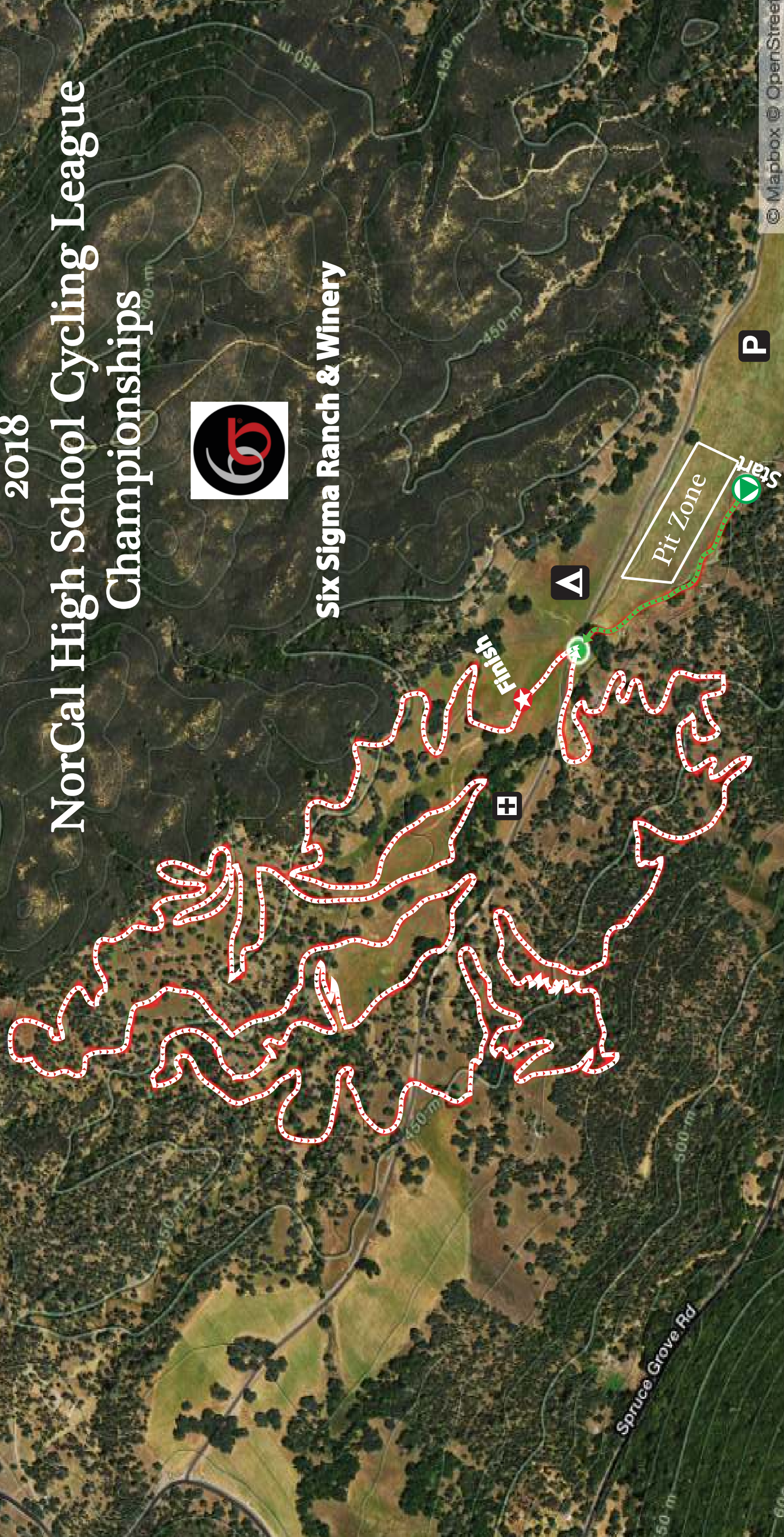
<http://signup.com/go/gFwpckL>



# 2018 NorCal High School Cycling League Championships



Six Sigma Ranch & Winery



2,000 ft  
1,800 ft  
1,600 ft  
1,400 ft

0.5 mi

1.0 mi

1.5 mi

2.0 mi

2.5 mi

3.0 mi

3.5 mi

4.0 mi

4.5 mi

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