

NICA Specific MTB Clinic

Paul Serra - *Applied Performance*



Level 3 Coaches!

My name is Paul Serra, I have been racing Enduro professionally for the last 6yrs with strong roots as a NICA Woodside Beast Racer & Coach, I am a certified RETUL Specialized Bike Fitter, and run a private MTB instructing business.

I am offering Level 3 specific clinics with a maximum of **8 participants** where we will focus on fundamentals of bike riding such as weight distribution, understanding body position, braking, sub-conscious perception of the trail, how to properly mentor young riders, and the fundamentals of riding mentality.

Reach out for reservations & more information

When: January 15th, 2022

Where: Pacifica, CA (more information for RSVP participants)

Time: 9am - 3pm

CEUs: 6 available CEUs

Phone: 650.421.5661

Email: paul.serra2204@gmail.com

Price: \$280/person for full day

Other: Complementary Blue Bottle coffee and personalized pastries for all Clinic Participants!

