



HOW TO START A TEAM

- ☐ Contact the League Team Development Manager, Terry Curley (terry@norcalmtb.org).
- ☐ Understand the importance of building a sustainable program. Recruit good people to help, as this should be a team effort.
- ☐ Familiarize yourself with our coach licensing process, review the NICA team starter kit, and check the NICA coach resources page.
- ☐ Find a reliable Head Coach and Team Director. Email Terry with their contact info and we will invite them to the Pit Zone
- ☐ Have all volunteers who will serve as coaches get their Level 1 License.
- ☐ Determine whether you will be a school-based, or composite team and register in the Pit Zone.
- ☐ You are not insured, and may not commence any activities, until your team is “practice ready” in the Pit Zone.
- ☐ Recruit student-athletes to join the team! Once they commit, invite them to register on your team in the Pit Zone.
- ☐ Host a parent student-athlete informational meeting that covers team rules/guidelines so student-athletes know what is expected.
- ☐ Recommended, but not mandatory, consider creating a parent board to support you.
- ☐ Check out the NICA pre- season planning template.
- ☐ Before any team activities can commence, all student-athletes must show as “practice ready” in the Pit Zone.