

What to know about Six Sigma

Registration must be done online by Wednesday before your race

Number plates can be picked up at the registration tent Friday-Sunday. Each student-athlete is assigned a number plate for the season, and is expected to use that same racing plate at each race. If you lose it, you can buy a replacement for \$20 at the merchandise tent. Coaches, parents and student-athletes can all pick up race plates. Replacement coach plates cost \$10. Please contact jen@norcalmtb.org with any registration questions.

Volunteers - we always need your help!

Our races are made possible because of all of our volunteer support. Not only do you get to help the show go on, but you are helping your team secure a better pit location. The higher the percentage of volunteers on your team, the better the pit spot. Sign-up online or at the volunteer tent on the day of the race. Please review the NICA Adult Code of Conduct.

Directions

Follow your map to Six Sigma Winery: 13372 Spruce Grove Rd, Lower Lake, CA 95457

Lodging - pay to camp - more info coming soon

Camping is available at Six Sigma, and hotels are available in Clearlake.

Misc. Beta - Earth Day Theme!

- Food vendor is currently to be determined
- Mike's Bikes will be providing neutral support (for free!)
- Dogs are ok at this venue as long as they are on leash and you clean up after them
- There is **no water at this venue**. Pease bring all of the water you will need for cooking and sanitation.
- There is **no garbage service at this venue**. Please pack out what you bring in.
- Do not pet, feed, ride, or attempt to play with any of the farm animals. Do not pet farm dogs, they are working dogs and they are not friendly.
- Six Sigma has an amazing tasting room with delicious wines and meats. They offer tours on a sweet Pinzgauer.
- No campfires, whatsoever. There is a large fire-pit at the tasting room that will be lit on Friday and Saturday night for all to enjoy
- If using a propane tank for any purpose, you must have a fire extinguisher nearby
- 5mph speed limit on the dirt driveway to reduce camping dust and create a safe environment for awesome kids riding bikes on the road
- Coach social hour on Saturday evening from 5-6:30pm, hosted by the NorCal League
- Celebrate all things Mother Earth! Safety first.



Weekend Schedule

FRIDAY:

2pm-6pm: Pre-ride open

4:30pm: GRiT ride



SATURDAY:

7am-8am: Pre-ride open

7:30am-12pm: Volunteers

check in

8:30am: Coaches meeting

10:00am: Jr. Devo wave 1

11:40am: Jr. Devo wave 2

12pm-3pm: Volunteers

check in

12:30pm: Jr. Devo wave 3

2:30pm: GRiT Ride

3:00pm: Podiums

4pm-5:30pm: Pre-ride open



7am-8am: Pre-ride open

7:30am-12pm: Volunteers

check in

8:15am: Coaches meeting

9:00am: High school wave 1

10:30am: High school wave

2

12pm-4pm: Volunteers

check in

12:30pm: High school wave

3

2:00pm: High school wave 4

4:00pm: Podiums



Attention Pre-Riders:

- <u>All pre-riders</u> must have their assigned 2023 NorCal plate fixed to their handlebars and accompanied by a coach while on course (Coaches must have Coach Plate)
- Only coaches and student-athletes are allowed to pre-ride
- No pre-riding outside of designated times mentioned above
- Coach replacement plates cost \$10

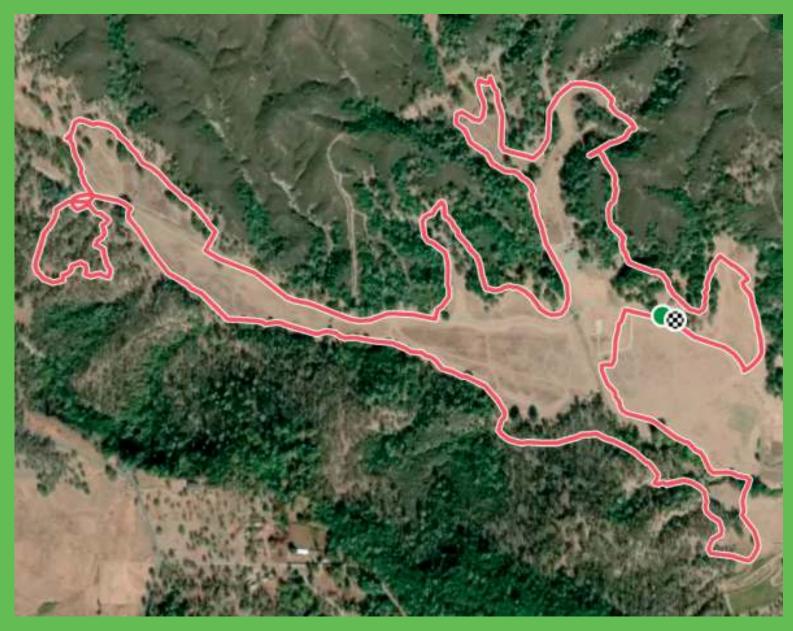
Coaches Meeting:

- This is where you'll receive vital information about race day
- It is mandatory that all teams have at least one coach attend the meeting, so that important information can be communicated to the team
- Coaches meetings will be held at the registration tent

Course Info

<u>Course Description:</u> The course will be similar to the one linked here.

Course Length and Elevation: ~5.4 miles and ~900ft elevation gain.





Race Schedule - Saturday

Jr. Devo Schedule

<u>Please arrive 15 minutes before your wave starts.</u>

Category	Start Time	Lap Count	Race Plate #	
Wave 1				
8th Grade Boys	10:00	1	8500-8999	
7th Grade Boys	10:05	1	7500-7999	
6th Grade Boys	10:30	1	6500-6999	
Wave 2				
8th Grade Girls	11:40	1	8000-8499	
7th Grade Girls	11:45	1	7000-7499	
6th Grade Girls	11:50	1	6000-6499	
Wave 3				
Ride Category	11:55	1	Any	

DON'T FORGET TO STAY STOKED



Race Schedule - Sunday

High School Schedule

<u>Please arrive 15 minutes before your wave starts.</u>

Category	Start Time	Lap Count	Race Plate #	
Wave 1				
JV Girls	9:00	2	200-399	
Sophomore Girls	9:05	2	400-599	
Frosh Girls	9:10	2	600-799	
Wave 2				
Sophomore Boys D1	10:35	2	3000-3499	
Sophomore Boys D2	10:30	2	3500-3999	
Frosh Boys D1	10:40	2	4500-4999	
Frosh Boys D2	10:45	2	4000-4499	
<u>Wave 3</u>				
JV Boys D1	12:35	3	2000-2499	
JV Boys D2	12:30	3	2500-2999	
Wave 4				
Varsity Boys	2:00	4	1000's	
Varsity Girls	2:05	3	100's	

Thanks to our sponsors!

And an extra special thanks to our friends at Six Sigma Winery for being so generous with their property. We couldn't have had as many races in the last few years as we have if it weren't for their support. Be sure to thank them if you see them around.



NICA NATIONAL FOUNDATION AND GRANT PARTNERS











