

# *Fun at the Fort*

*March 25 - Central and East Bay - Race 3*

*March 26 - Redwood and Repack - Race 2 Make-up*

*Tie dye theme*





# What to know for the Fort

**Registration must be done online by Fri. March 17**

Number plates can be picked up at the registration tent Friday-Sunday. Each student-athlete is assigned a number plate for the season, and is expected to use that same racing plate at each race. If you lose it, you can buy a replacement for \$20 at the registration tent. Coaches, parents and student-athletes can all pick up race plates. Replacement coach plates cost \$10. Please contact [jen@norcalmtb.org](mailto:jen@norcalmtb.org) with any registration questions.



## Volunteers – we always need your help!

Our races are made possible because of all of our volunteer support. Not only do you get to help the show go on, but you are helping your team secure a better pit location. The higher the percentage of volunteers on your team, the better the pit spot. Sign-up online by the registration close date to be counted for priority placement. If you sign up same day, your priority placement will not be changed, but you help keep our operations costs down, and the stoke levels high! Please review the NICA Adult Code of Conduct.

## Directions – No parking in the neighborhood at the venue entrance

Follow your map to Fort Ord Day Camp: 15301 Watkins Gate Rd, East Garrison, CA 93933  
Enter via Watkins Gate Rd.

Please DO NOT park in the neighborhood at the venue entrance.

## Lodging

There are lots of hotel options in close proximity to the venue. Marina, Seaside and Salinas are the closest.

## Misc. Beta – Tie Dye Theme!



- Lock bikes when not in use
- Food vendor will be Tear it Up Catering
- Mike's Bikes will be providing neutral support (for free!)
- Dogs are ok at this venue as long as they are on a leash and you clean up after them
- Celebrate all things tie dye!
- No parking in the neighborhood near the venue entrance
- Everyone is asked to leave the venue after pre-ride on Friday and Saturday. If you'd like to have a team dinner, we ask that you use this time for it.
- **The race schedule is the same for Saturday as it is for Sunday. Central and East Bay race Saturday, Redwood and Repack race Sunday.**



# Weekend Schedule

## FRIDAY:

### All regions

**2pm-6:30pm:** Pre-ride open to all regions

**4:30pm-5:30pm:** NorCal GRiT Pre-ride



## SATURDAY:

### Central and East bay

**7am-7:45am:** Pre-ride open

**7:15am:** Coaches meeting

**7:30am-12pm:** Volunteers check in

**8:00am-2pm:** High school racing

**2pm - 5:30pm:** Junior Development racing

**2:20ish:** High school podiums

**5:30pm-6:30pm:** Pre-ride open for **Redwood and Repack**

**5:30pm-6:30pm:** NorCal GRiT Pre-ride

**6:00ish:** Junior Development podiums

## Attention Pre-Riders:

- All pre-riders must have their assigned 2023 NorCal plate fixed to their handlebars and be accompanied by a coach while on course (Coaches must have Coach Plate)
- Only coaches and student-athletes are allowed to pre-ride
- No pre-riding outside of designated times mentioned above
- Coach replacement plates cost \$10
- If you are joining the Friday pre-ride, and you are in the Redwood and Repack Region, you will not be able to drop off your trailer or set up your pit zone.

## Coaches Meeting:

- This is where you'll receive vital information about race day
- It is mandatory that all teams have at least one coach attend the meeting, so that important information can be communicated to the team
- Coaches meetings will be held at the registration tent

## SUNDAY:

### Redwood and Repack

**7am-7:45am:** Pre-ride open

**7:15am:** Coaches meeting

**7:30am-12pm:** Volunteers check in

**8:00am-2pm:** High school racing

**2pm - 5:30pm:** Junior development racing

**2:20ish:** High school podiums

**6:00ish:** Junior Development podiums

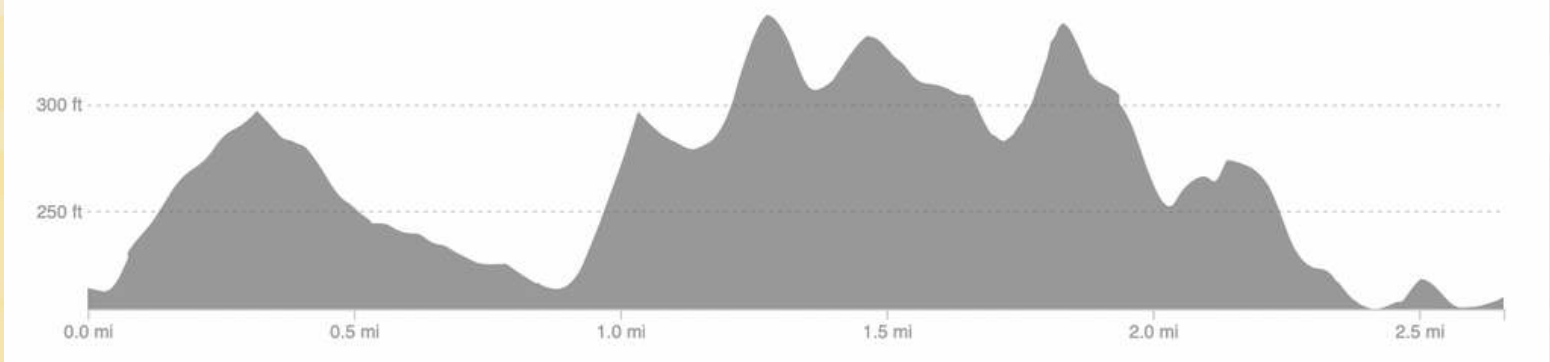
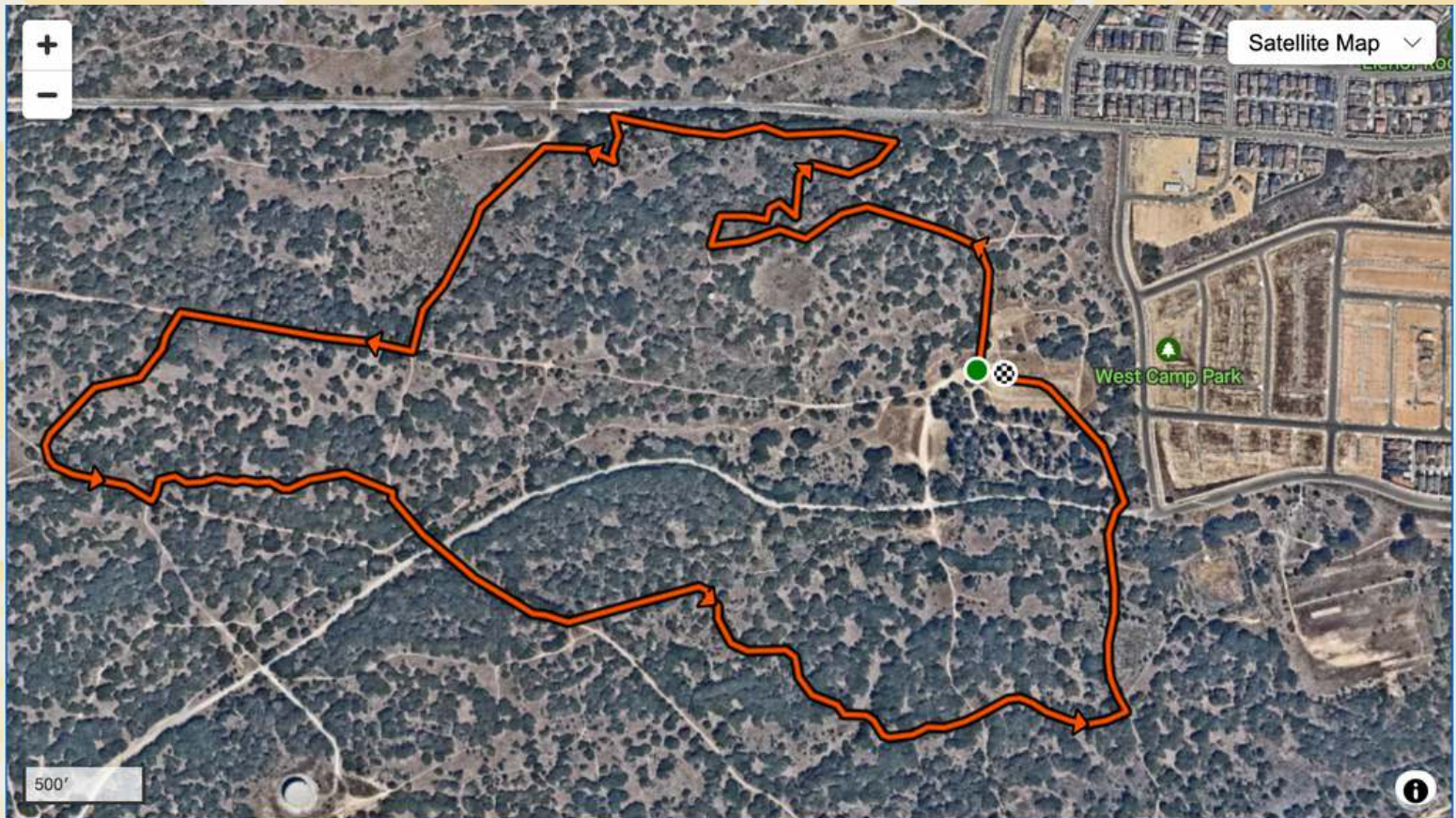




# Junior Development Course Info

**Course Description:** The course will be a super fast shred fest. [Link to Strava.](#)

**Course Length and Elevation:** ~2.6 miles and ~280ft elevation gain.

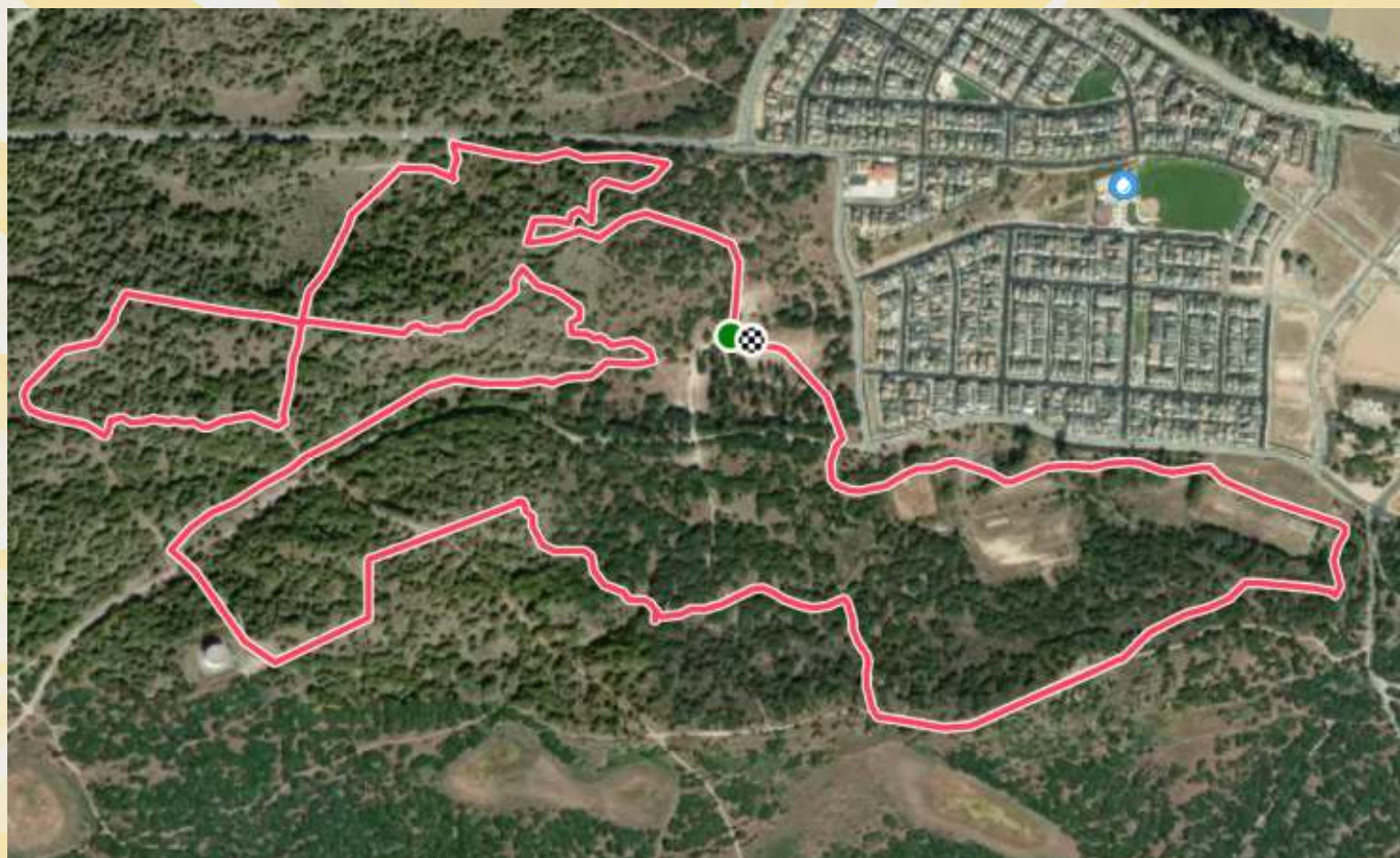




# High School Course Info

**Course Description:** This course will also be similar to last year with changes. [Link to Strava.](#)

**Course Length and Elevation:** ~4.5 miles and ~500ft elevation gain.



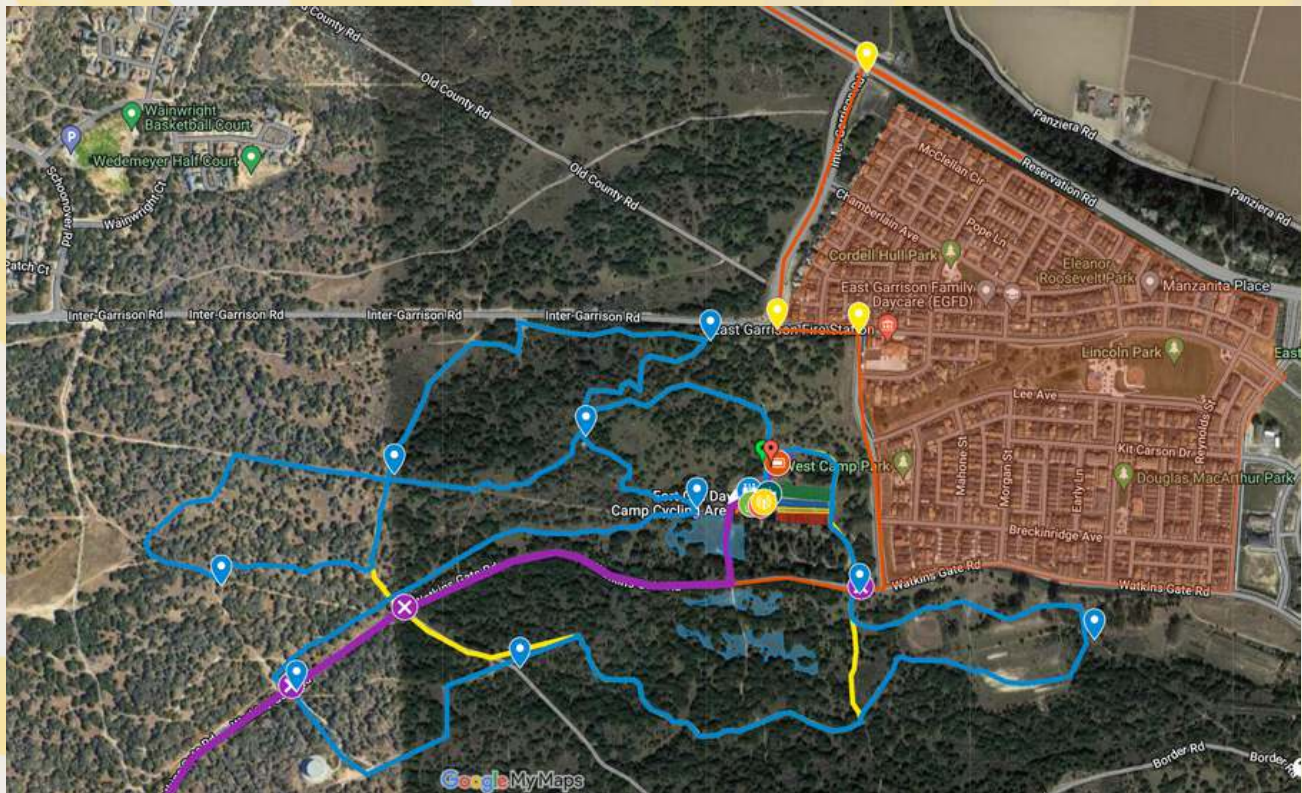
**Please remember – No parking in the neighborhood at the venue entrance**



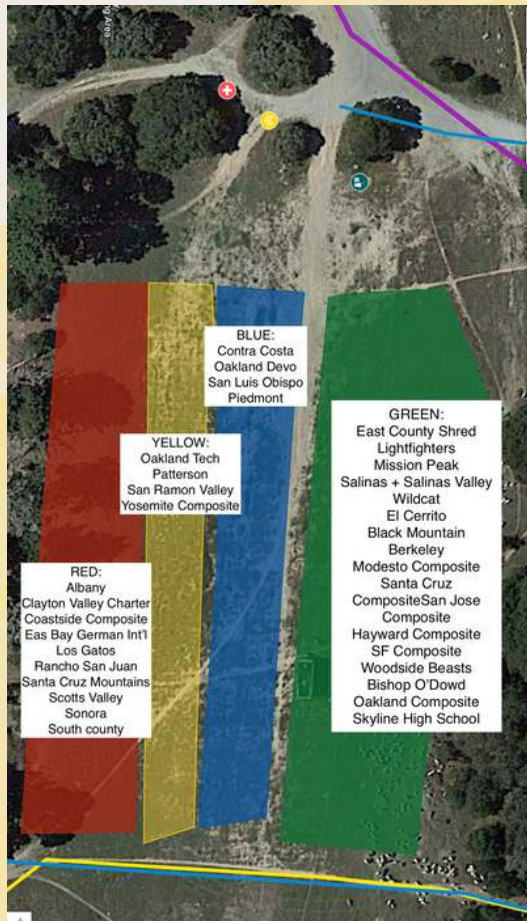


# More Maps

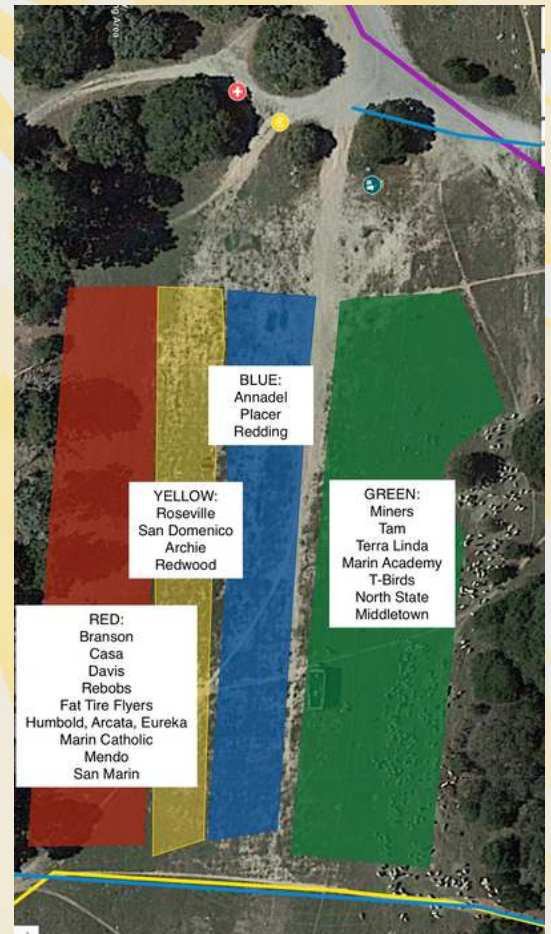
Take a look at this [google map](#) for venue information.



## Central and East Bay Pit Guide



## Redwood and Repack Pit Guide





# Race Schedule – Sat and Sun

Please arrive 15 minutes before your wave starts. Start times subject to change.

Category	Start Time	Lap Count	Race Plate #
<u>Wave 1</u>			
Varsity Boys	8:00	3	1000's
Varsity Girls	8:05	3	100's
<u>Wave 2</u>			
JV Girls	9:15	2	200-399
Sophomore Girls	9:20	2	400-599
Frosh Girls	9:25	2	600-799
<u>Wave 3</u>			
Sophomore Boys D2	10:25	2	3500-3999
Sophomore Boys D1	10:30	2	3000-3499
<u>Wave 4</u>			
Frosh Boys D2	11:25	2	4500 - 4999
Frosh Boys D1	11:30	2	4000 - 4499
<u>Wave 5</u>			
JV Boys D2	12:30	2	2500-2999
JV Boys D1	12:35	2	2000-2499

# Race Schedule - cont'd

Please arrive 15 minutes before your wave starts. Start times subject to change.

Category	Start Time	Lap Count	Race Plate #
<u>Wave 6</u>			
Open Boys	2:00	3	9500-9575
Open Girls	2:05	3	9000 - 9025
<u>Wave 7</u>			
8th Grade Girls	2:50	2	8000-8499
7th Grade Girls	2:55	2	7000-7499
6th Grade Girls	3:00	2	6000-6499
<u>Wave 8</u>			
8th Grade Boys	3:40	2	8500-8999
<u>Wave 9</u>			
7th Grade Boys	4:00	2	7500-7999
6th Grade Boys	4:05	2	6500-6999

Please remember – No parking in the neighborhood at the venue entrance



# Don't miss the GRiT Ride

FUN. INCLUSIVE.  
ALL-FEMALE.  
WELCOMING.  
SESSIONING. FIERCE. SHE  
SHREDDERS. STRONG.  
SUPPORTIVE.  
FRIENDSHIPS.  
STUDENT-ATHLETES.  
COACHES. GRIT RIDERS.  
TIE DYE ATTIRE OPTIONAL.



## FORT ORD

### FRIDAY

4:30 PM - 5:30 PM

### SATURDAY

5:30 PM - 6:30 PM

Join us for an  
all-female pre-ride!



# Thanks to our sponsors!

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And an extra special thanks to the County of Monterey, for letting us continue to race at this radical venue.

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**mike's bikes** **TREK**



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