SIX SIGMA SLINGER

APRIL 15 - REDWOOD AND REPACK - RACE 1 MAKE-UP
APRIL 16 - EAST BAY AND CENTRAL - RACE 4
EARTH DAY THEME



What to know about Six Sigma

Registration must be done online by Mon. Apr 10th at 5pm.

Number plates can be picked up at the registration tent Friday-Sunday. If you lost your number plate, you can buy a replacement for \$20 at the registration tent. Replacement coach plates cost \$10. Please contact jen@norcalmtb.org with any registration questions.

If you were registered for Modesto (and only if you were registered for Modesto), your registration has been transferred to Six Sigma. Please be sure to check your pit zone status to ensure you are indeed registered.

Volunteers - we always need your help!

We absolutely love producing our events at Six Sigma, but it takes a ton of volunteers to pull it off successfully. Please help us keep this race safe, fun, and organized by signing up for at least one volunteer shift over the weekend.

VOLUNTEER SHIFTS ARE AVAILABLE HERE!

Of course, the more volunteers your team offers, the better placement in the pit zone your team will have.

Directions

Follow your map to Six Sigma Winery: 13372 Spruce Grove Rd, Lower Lake, CA 95457

Free Camping - Venue entry fee \$10 per vehicle

Six Sigma generously donates their property to the League for our events! This year, they're collecting \$10 per vehicle to help them offset costs. Thanks for coming prepared with \$10 cash for our friends at Six Sigma.

This is 'primitive, dry camping'. Please come prepared with enough water to hydrate and sanitize for the entire weekend.

Misc. Beta - Earth Day Theme!

- Food vendor is currently to be determined, The Juicery will be here making tasty drinks.
- Mike's Bikes will be providing neutral support (for free!)
- Dogs are ok at this venue as long as they are on leash and you clean up after them
- There is **no water at this venue**. Please bring all of the water you will need for cooking and sanitation.
- Do not pet, feed, ride, or attempt to play with any of the farm animals. Do not pet farm dogs, they are working dogs and they are not friendly.
- Six Sigma has an amazing tasting room with delicious wines and meats. They offer tours on a sweet Pinzgauer.
- No campfires, whatsoever. There is a large fire-pit at the tasting room that will be lit on Friday and Saturday night for all to enjoy
- If using a propane tank for any purpose, you must have a fire extinguisher nearby
- 5mph speed limit on the dirt driveway to reduce camping dust and create a safe environment for awesome kids riding bikes on the road
- Coach social hour Friday and Saturday evenings from 5-6:30pm at the tasting room, hosted by NorCal
- Celebrate all things Mother Earth!

Weekend Schedule

SUNDAY: FRIDAY:

Redwood and Repack All regions

Pre-ride

5pm-6:30pm: Coach Social Hour

2pm-6:30pm: Pre-ride open to all 6:45am-7:30am: Pre-ride open

7:15am: Coaches meeting regions

7:30am-12pm: Volunteers check in 7:30am-12pm: Volunteers check in 4:00pm-5:00pm: NorCal GRiT

8:00am-2pm: High school racing

2pm - 5:30pm: Junior development 2pm - 5:30pm: Junior development

racing

2pm-6pm: NO ENTRY INTO

VENUE

2:30pm: High school podiums

5pm-6:30pm: Coach Social Hour 5:30pm-6:30pm: Pre-ride open for

Central and East Bay

5:30pm: Junior development

podiums

8pm-9pm: Movie night at the GRiT

Tent

Central and East Bay

6:45am-7:30am: Pre-ride open

7:15am: Coaches meeting

8:00am-2pm: High school racing

racing

2:30pm: High school podiums

5:30pm: Junior development

podiums





- All pre-riders must have their assigned 2023 NorCal plate fixed to their handlebars and be accompanied by a coach while on course (Coaches must have Coach Plate)
- Only coaches and student-athletes are allowed to pre-ride
- No pre-riding outside of designated times mentioned above
- Friday pre-ride is from 2:00-6:30. Campers must arrive at Six Sigma before dark on Friday so that we can get you into your pitzone/camping areas, safely. If you want to get as much preriding as possible, we encourage you to arrive on Friday and stay for the weekend. People who are arriving on Saturday, and just camping on Saturday night, may arrive during the day between 9:00-2:00 pm, sharp. We will not be allowing traffic into the venue between 2:00pm-6pm on Saturday. DO NOT ARRIVE BETWEEN 2:00-6:00 ON SATURDAY. Pre-ride is from 5:30-6:30 on Saturday.

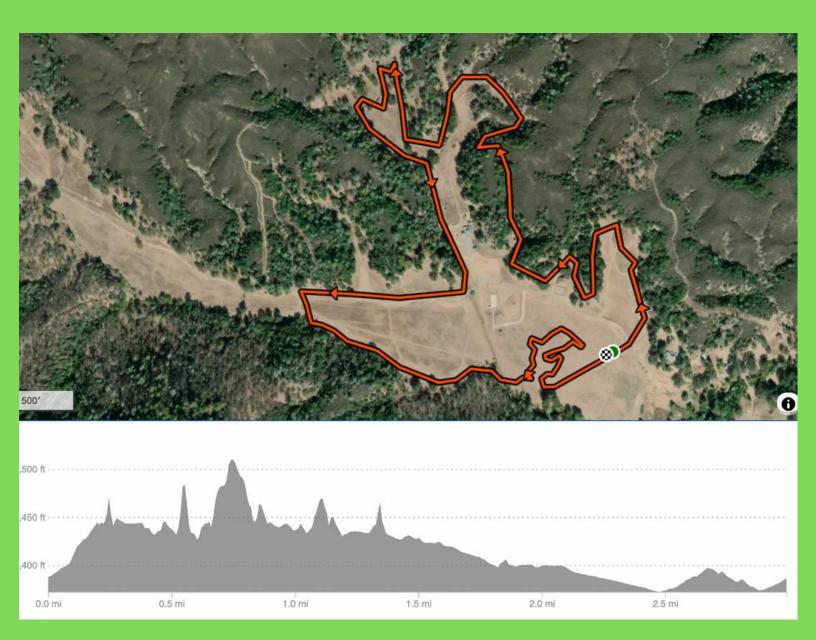
Coaches Meeting:

- This is where you'll receive vital information about race day
- It is mandatory that all teams have at least one coach attend the meeting, so that important information can be communicated to the team
- Coaches meetings will be held at the registration tent

Junior Development Course Info

<u>Course Description:</u> Expect this to be a tough, pedally course similar to the one <u>linked here.</u>

Course Length and Elevation: ~3 miles and ~340 ft of elevation gain.



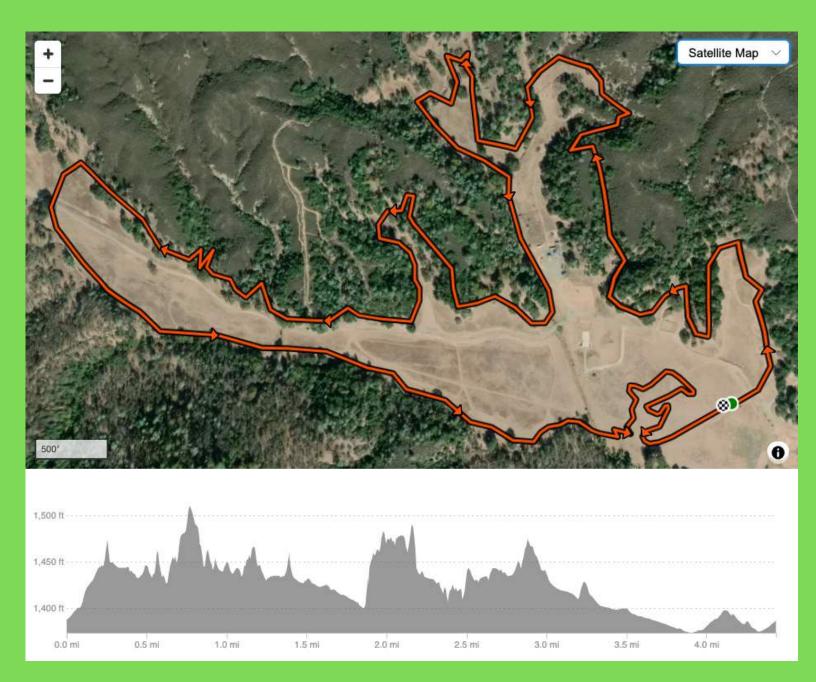
<u>Please bring a \$10 bill for parking</u>

If you have allergies, be prepared with allergy medicine. The grasses and pollen will be healthy.

High School Course Info

<u>Course Description:</u> The course will be tough and pedally, similar to the one <u>linked here.</u>

Course Length and Elevation: ~4.5 miles and ~575ft elevation gain.



Please don't forget that \$10 bill for parking

If you have allergies, be prepared with allergy medicine. The grasses and pollen will be healthy.



Race Schedule - Sat and Sun

Please arrive 15 minutes before your wave starts. Start times subject to change
"We reserve the right to move any staged rider to the back of staging if they are not present when called into staging"

Appendix B - NorCal rulebook.

<u>ที่มีคุณแก่ง กา พบางสา เตาะมงบพ.</u>					
Category	Start Time	Lap Count	Race Plate #		
Wave 1					
Varsity Boys	8:00	4	1000's		
Varsity Girls	8:05	4	100's		
Wave 2					
JV Girls	9:30	3	200-399		
Sophomore Girls	9:35	3	400-599		
Frosh Girls	9:40	2	600-799		
Wave 3					
Sophomore Boys D1	10:30	3	3000-3499		
Sophomore Boys D2	10:35	3	3500-3999		
Wave 4					
Frosh Boys D1	11:40	2	4000 - 4499		
Frosh Boys D2	11:45	2	4500 - 4999		
Wave 5					
JV Boys D1	12:30	3	2000-2499		
JV Boys D2	12:35	3	2500-2999		

Race Schedule - cont'd



Please arrive 15 minutes before your wave starts. Start times subject to change
"We reserve the right to move any staged rider to the back of staging if they are not present when called into staging"

Appendix B - NorCal rulebook.

Category	Start Time	Lap Count	Race Plate #	
<u>Wave 6</u>				
Open Boys	1:40	3	9500-9575	
Open Girls	1:45	3	9000 - 9025	
Wave 7				
8th Grade Girls	2:05	2	8000-8499	
7th Grade Girls	2:25	2	7000-7499	
6th Grade Girls	2:30	2	6000-6499	
Wave 8				
8th Grade Boys	3:15	2	8500-8999	
Wave 9				
7th Grade Boys	3:45	2	7500-7999	
Wave 10				
6th Grade Boys	4:15	2	6500-6999	

Thanks to our sponsors!

And an extra special thanks to our friends at Six Sigma Winery for being so generous with their property. We couldn't have had as many races in the last few years as we have if it weren't for their support. Please be sure to thank them if you see them around.

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The Feed.











NICA NATIONAL FOUNDATION AND GRANT PARTNERS













Join Our GRiT Events

Join the GRiT Pre-Ride and movie night at this race!

FUN. INCLUSIVE.
ALL-FEMALE.
WELCOMING.
SESSIONING. FIERCE. SHE
SHREDDERS. STRONG.
SUPPORTIVE.
FRIENDSHIPS.
STUDENT-ATHLETES.
COACHES. GRIT RIDERS.
TIE DYE ATTIRE OPTIONAL.





SIX SIGMA

FRIDAY 4:00 PM - 5:00 PM

Meet us at the GRiT tent and join us for an all-female pre-ride! No NorCal GRiT pre-ride on Saturday for this race.

CALLING ALL GRIT RIDERS AND ALLIES!

GRIT MOVIE
NIGHT

Watch short films about women in mountain biking, enjoy popcorn, and make new friends!

APRIL 15TH, 2023
8 PM - 9 PM
AT THE GRIT TENT AT SIX SIGMA RANCH